



Mental Disorders

140 Hours

Overview

The Mental Disorders course is the study of abnormal behavior in order to describe, predict, explain and change abnormal patterns of functioning. Designed for anyone interested in the way we perceive and respond to our experiences, and especially for people considering careers in psychology, this course covers the dynamics and prevention of abnormal behavior, including neuroses, psychoses, character disorders, psychosomatic reactions, schizophrenia, and other abnormal personality patterns.

Outline

Mental Disorders Module 1

Science and Clinical Practice

- Defining Abnormality
- Understanding Treatment
- Abnormality in the Past
- Current Trends
- The Case Study
- The Correlational Method
- The Experimental Method
- Alternative Experimental Designs
- Biological Model
- Psychodynamic Model
- Behavioral Model
- Humanistic-Experiential Model
- Sociocultural Model
- Clinical Assessment
- Diagnosis
- Treatment Decisions



Mental Disorders Module 2

Problems of Stress and Anxiety

- Generalized Anxiety Disorder
- Phobias
- Panic Disorder
- Obsessive-Compulsive Disorder
- Stress and Arousal
- Acute and Posttraumatic Stress Disorder
- Psychophysiological Stress Disorder
- Somatoform Disorder
- Dissociative Disorder

Mental Disorders Module 3

Problems of Mood

- Unipolar Depression
- Bipolar Disorders
- Treatment for Unipolar Depression
- Treatment for Bipolar Depression
- Suicide
- Triggers for Suicide
- Underlying Causes of Suicide
- Age and Suicide
- Treatment and Suicide

Mental Disorders Module 4

Problems of Mind and Body

- Anorexia Nervosa
- Bulimia Nervosa
- Causes of Eating Disorders
- Treatment of Eating Disorders
- Substance-Related Disorders
- Depressants
- Stimulants
- Halucinogens, Cannabis and Combinations of Substances
- Causes of Substance-Related Disorders
- Treatment of Substance-Related Disorders
- Sexual Dysfunction
- Treatment of Sexual Dysfunction



- Paraphilias
- Gender Identity Disorder

Mental Disorders Module 5

Problems of Psychosis

- Symptoms of Schizophrenia
- Biological View of Schizophrenia
- Psychological View of Schizophrenia
- Sociocultural View of Schizophrenia
- Institutional Care in the Past
- Institutional Care Takes a Turn for the Better
- Antipsychotic Drugs
- Psychotherapy
- The Community Approach

Mental Disorders Module 6

Life-Span Problems

- Paranoid Personality Disorder
- Schizoid Personality Disorder
- Schizotypal Personality Disorder
- Antisocial Personality Disorder
- Borderline Personality Disorder
- Histrionic Personality Disorder
- Narcissistic Personality Disorder
- Avoidant Personality Disorder
- Dependent Personality Disorder
- Obsessive-Compulsive Personality Disorder
- Problems of the DSM-IV-TR Categories
- Oppositional Defiant Disorder
- Conduct Disorder
- ADD/ADHD
- Elimination Disorders
- Long-term Disorders
- Old age and Stress
- Depression in Later Life
- Anxiety Disorders in Later Life
- Substance Abuse in Later Life
- Psychotic Disorders in Later Life
- Disorders of Cognition



Mental Disorders Module 7

Law and Society

- Criminal Commitment and Insanity
- Criminal Commitment and Incompetence to Stand Trial
- Civil Commitment
- Protecting Patients' Rights
- Malpractice Suits
- Professional Boundaries
- Jury Selection
- Professionals Ethics

Course materials included.