



Nursing Assistant 300 Hours

Overview

If you've ever thought about becoming a nursing assistant, this in-depth curriculum could help you learn important fundamental, practical skills involved in a career as a nursing assistant. Unlike other online nursing classes, our program lets you study at home at a time and place that is most comfortable to you.

Nursing assistants, also known as nurse's aides, orderlies or patient care technicians work under the supervision of a nurse to provide assistance to patients with daily living tasks.

Working closely with patients, nursing assistants are responsible for basic care services such as bathing, grooming and feeding patients, assisting nurses with medical equipment, and checking patient vital signs. Nursing assistants give patients important social and emotional support and also provide vital information on patient conditions to nurses.

Our nursing assistant course provides comprehensive career training in many key areas of nursing assistant duties, including:

- Medical terminology
- Body systems
- The role of the nursing assistant
- Relating to patients, residents and clients
- Knowledge and skills required to be a successful nursing assistant
- Personal, care of the patient and everyday procedures
- Procedures for measuring vital signs



Outline

Nursing Assistant Module 1

Introduction to Nursing Assisting & Scientific Principles

- Community Health Care
- Regulatory Agencies
- Role of the Nursing Assistant
- Patient Focused Care
- Lines of Authority
- Consumer Rights and Responsibilities
- Ethical and Legal Issues
- Medical Terminology
- Body Organization
- Classification of Disease
- Major Conditions and Diagnosis

Nursing Assistant Module 2

Basic Human Needs and Communication

- Communication in Health Care
- Guidelines for Communicating with Patients
- Communicating with Staff Members
- Observation, Reporting, and Documentation
- Meeting Basic Human Needs
- Dealing with Comfort and Pain
- The Need for Rest and Sleep
- Developing Cultural Sensitivity
- Race, Ethnicity and Culture



Nursing Assistant Module 3

Infection, Infection Control, Safety and Mobility

- The Chain of Infection
- Types of Infections
- Immunity and Immunizations
- Preventing Infections and Disease
- Maintaining Medical Asepsis
- Hand washing and Protecting Yourself
- Putting on a Gown and Gloves
- Dealing with Isolation Units
- Disinfection and Sterilization
- Environmental and Nursing Assistant Safety
- Violence in the Workplace
- Patient Safety
- Preventing Patient Falls
- Body Mechanics for the Patient
- Moving and Lifting Patients
- Guidelines for Safe Patient Transfers
- Ambulation and Assistive Devices
- Safe Use of Wheelchairs

Nursing Assistant Module 4

Measuring and Recording Vital Signs and Patient Care

- Body Temperature
- Pulse and Respiration
- Reading the Blood Pressure Gauge
- Measuring Height and Weight
- Admission Procedure
- Transferring the Patient
- Discharging a Patient
- Handling Linens and Making the Bed
- Making a Surgical Bed
- Patient Bathing
- Assisting with the Tub or Shower
- Hand and Fingernail Care
- Dressing and Undressing the Patient
- Assisting with Routine Oral Hygiene
- Daily Hair Care
- Assisting with a Bedpan and Bedside Commode



Nursing Assistant Module 5

Nutrition Balance and Special Care Procedures

- Normal Nutrition and Essential Nutrients
- Special Diets
- Dysphagia
- Fluid Balance
- Feeding Patients
- Therapy with Heat and Cold
- Hypothermia Blanket
- Assisting with the Physical Examination
- Dealing with the Surgical Patient
- Preoperative Care
- Postoperative Care
- Performing Postoperative Leg Exercises
- Applying Pneumatic Compression Hosiery
- Caring for the Emotionally Stressed Patient
- Professional Boundaries
- Dealing with Death and Dying
- Five Stages of Grief
- Hospice Care
- Postmortem Care

Nursing Assistant Module 6

Health Care Settings

- Care of the Elderly and Chronically Ill
- Types of Long Term Care Facilities
- Skilled Care Facilities
- Daily Living for Residents with Dementia
- Providers of Home Health Care
- The Home Health Care Team
- Characteristics of the Home Care Nursing Assistant
- Home Health Care Duties
- Safety in the Home
- Elder Abuse
- Description of Subacute Care
- Pain Management Procedures
- Patients with Respiratory Conditions
- Using a Pulse Oximeter
- Oncology Care and Treatment
- Wound Management
- Alternative and Complementary Care
- Integrative Health Care Practices
- Patient Spirituality



Nursing Assistant Module 7

Body Systems, Common disorders, and Related Care Procedure

- Integumentary System
- Respiratory System
- Circulatory (Cardiovascular) System
- Musculoskeletal System
- Endocrine System
- Nervous System
- Gastrointestinal System
- Urinary System
- Reproductive System
- Caring for the Patient with Cancer

Nursing Assistant Module 8

Expanded Role of the Nursing Assistant

- Rehabilitation and Restorative Services
- Obstetrical Patients and Neonates
- Pediatric Patients
- Special Advanced Procedures
- Response to Basic Emergencies
- Employment Opportunities and Career Growth
- Searching for a Job
- Assemble a Proper Resume'
- Keeping the Job
- Continue to Grow Throughout Your Career