



Physical Therapy Aide 120 hours

Overview

Thousands of people attend physical therapy schools every day to become a part of this hot career field. In fact, according to the U.S. Department of Labor, employment of physical therapy aides is expected to grow by 29% over the next decade, which is much faster than the average job.

A physical therapy aide most often works under the direction of a physical therapist and/or physical therapy assistant. Physical therapy aide jobs often include keeping the treatment area clean and well organized, as well as to help escort patients in wheelchairs, perform clerical duties, order supplies and more. A physical therapy aide generally needs to be well organized, have patience, and enjoy working with others.

Our physical therapy aide distance education course offers comprehensive career training in many key subjects, including:

- Medical terminology
- Physical therapy modalities
- Patient preparation
- Scientific aspects of therapy
- Safety & legal issues
- Medical records
- Communication with patients
- Career opportunities and much more...



Outline

Physical Therapy Aide Module 1 Medical Terminology

- Pronunciation
- Spelling
- Word Roots
- Combining Vowels/Form
- Prefixes
- Suffixes
- General Rules
- Word Building
- Abbreviations
- Procedural and Diagnostic Billing Codes
- Body Structure
- Organization of the Body
- Anatomical Position
- Body Planes
- Directional and Positional Terms
- Body Cavities

Physical Therapy Aide Module 2 The Profession of Physical Therapy

- History and Evolution of Physical Therapy
- Multidisciplinary Approach to Health Care
- The Rehabilitation Team
- The Role of the Physical Therapy Aide
- History of Physical Medicine
- Physical and Therapeutic Allied Health Careers
- Understanding Medical Ethics and Medical Law
- The Patient and the Health Care Worker
- Patient Medical Records and the Law
- Interprofessional Issues
- Communicating Effectively
- Communication in the Physical Therapy Setting
- Appointment Scheduling
- Using Medical Abbreviations
- Understanding the Patient's Medical Record
- Administrative Role of the Physical Therapy Aide
- Billing, Banking, and Insurance Processing



Physical Therapy Aide Module 3 Scientific Principles

- Understanding the Human Body
- Systems of the Body
- The Musculoskeletal System
- The Digestive System
- The Circulatory System
- The Respiratory System
- The Nervous System
- The Integumentary System
- The Urinary System
- The Endocrine System
- The Reproductive System
- The Skeletal System
- The Axial Skeleton
- The Appendicular Skeleton
- Joints and Movement

Physical Therapy Aide Module 4 Physical Dysfunctions, Safety and Charting

- Treating Common Medical Disorders
- Using Physical Therapy to Treat Burns
- Treatment of Amputation
- Treatment of Genitourinary Disorders
- Safety in the Working Environment
- Practicing Good Body Alignment and Movement
- Asepsis and Infection Control
- Performing Proper Handwashing
- Infection Control
- Preparation for Patient Care
- Management of the Environment
- Body Mechanics
- Verbal Commands
- Patient Preparation
- Transportation



Physical Therapy Aide Module 5

Patient Care Skills & Physical Therapy Modalities

- Turing and Positioning the Patient
- Turing in the Prone Position
- Turning on the Floor Mat
- Turning from a Supine Position to a Side-Lying Position
- Returning from a Supine Position to a Sitting Position
- Types of Patient Transfers
- Preparation for Beginning Transfers
- Standing Transfers
- Bathtub Transfers
- Sitting Transfers
- Drawsheet Transfers
- Pneumatic Lift Transfers
- One-Person Transfer from Floor to Wheelchair

Physical Therapy Aide Module 6

Physical Therapy Modalities

- Tips on Preambulation Teaching
- Choosing the Appropriate Device
- Gait Training and Gait Deviations
- Therapeutic Exercises
- Measuring Muscle Strength
- Skill or Coordination Exercises
- Range of Motion Exercises
- Superficial Heating Agents
- Deep Heating Agents
- Ultrasound
- Hydrotherapy
- Cold Therapy
- Massage



- Cervical Traction
- Specialized Clinical Procedures
- Electroneural Stimulation
- Application of a Cast
- Administration of Medication
- Specialized Reflex Tests
- Orthotics and Prosthetics
- Sports Bandaging and Taping
- Pet Therapy
- Career Skills and the Physical Therapy Aide
- The Job Search
- The Cover Letter & Resume
- Interviewing
- Finding Job Leads

Course materials included.